

YRRC AGE GROUPS for MEET PARTICIPATION
By Sports Governing Bodies

	Athletics Ontario (AO) http://athleticsontario.ca/		Minor Track Association of Ontario (MTA) http://minortrack.org/		Ontario Legion Track and Field Association	
Year of Birth	Age Category	Age in 2025	Age Category	Age in 2025	Age Category	Age in 2025
2020			Pee Wee	5		
2019			Pee Wee	6		
2018			Mite	7		
2017			Mite	8		
2016			Tyke	9		
2015			Tyke	10		
2014			Atom	11	U13	11
2013	U14	12	Atom	12	U13	12
2012	U14	13	MTA Senior	13	U15	13
2011	U16	14	MTA Senior	14	U15	14
2010	U16	15	Intermediate	15	U17	15
2009	U18	16	Intermediate	16	U17	16
2008	U18	17	Youth	17		
2007	U20	18	Youth	18		
2006	U20	19				
2005	Open	20+				